

What is claimed is:

1. A belt and case assembly for holding and supporting items for a user comprising:

an outer belt surface;

an inner belt surface opposite said outer belt surface;

a plurality of first components of a dual component directional snap fastener traversing said outer belt surface and engaging said inner belt surface; and

a case having a flexible side, wherein said flexible side incorporates a plurality of second components of said dual component directional snap fastener to form a plurality of engagements to said plurality of first components, said plurality of second components positioned with respect to one another so as to prevent rotational movement of said case about said belt, said plurality of engagements decoupled by a force applied in a predetermined direction at a first position of said first component.

2. The belt and case assembly according to claim 1 wherein said case stores items including, but not limited to personal digital assistants, notebook computers, wireless telephones, wireless pagers, portable music players, software, paper products, writing utensils, change purses, wallets, eyewear,

protective devices, and keys.

3. The belt and case assembly according to claim 1 wherein said case further includes a closure.

4. The belt and case assembly according to claim 3 wherein said closure comprises a flap cover or a zipper.

5. The belt and case assembly according to claim 4 wherein said flap cover releasably engages said case.

6. A method for fastening and releasing a case and belt assembly, comprising:

providing a belt having a plurality of first components of a dual component directional snap fastener, wherein said dual component directional snap fastener cannot be decoupled except by a force applied in a predetermined direction at a first position of said first component;

coupling a case having a plurality of second components of said dual component directional snap fastener to said plurality of first components on said belt to form said case and belt assembly, said coupling preventing rotational movement of said case about said belt; and

decoupling said case from said belt by applying said force in said predetermined direction at said first position of said first component.